

CURRICULUM VITAE

Belal Bashar Al-Zu'bi

MBBS, MRCSI, CHSOrtho, JBO

Assistant Professor – Mutah University

**Head of Special Surgery Department / Faculty
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Personal Details

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Nationality: Jordanian

Language: Arabic, English (IELTS total score 7)

Education History and Qualifications

March 2022 to June 2022: Clinical fellowship in Orthopedic Foot and Ankle surgery at Rizzoli hospital – University of Bologna, Italy

May 2022: Jordanian Board of Orthopedic Sports Medicine

March 2020 to February 2022: Clinical fellowship in Lower Limb Reconstruction and Sports Medicine at Rizzoli hospital – University of Bologna, Italy

June 2019 to February 2020: full time lecturer in Faculty of Medicine at Mutah University (Jordan)

April 2019 to February 2019: Orthopedic specialist in Almaqased Charity Hospital in Amman (Jordan)

February 2019: JBO (Jordanian Board of Orthopedics and Trauma)

September 2018 to March 2019: Working in private orthopedic clinic in Amman (Jordan).

June 2018 to August 2018: Lecturer in Introductory clinical course at the Faculty of Medicine in the University of Jordan

June 2018: CHSOrtho (Certificate of Higher Specialization in Medicine – Orthopaedic Surgery), University of Jordan – GPA: 4.00 out of 4.00 ranking *the top* student on the academic year.

November 2017: MRCSI (Membership of the Royal College of Surgeons in Ireland)

July 2012: MBBS, Mutah university - GPA: 88 out of 100 ranking *the top student* on the academic year.

I was on Faculty Honor's List for the 1st, 2nd, 3rd and 6th years, and on University Honor's List for the years 2008-2009.

July 2006: General secondary education certificate– Jordan , GPA: 95.9 out of 100.

Prizes and Medals

- **Prof. Freeh Abu Hassan Prize:** upon the graduation from the Faculty of Higher Studies at University of Jordan. This prize is given to the student with the highest GPA.
- Mutah University prize for the highest GPA2012 Faculty of Medicine graduates.

Residency

July 2013 – June 2018: Residency programme in Trauma and Orthopedic Surgery at the Jordan University Hospital. The department has eight consultants with different subspecialties (Spine, arthroplasty, hand, sport medicine, upper limb, oncology and pediatric orthopedic).

It is a full residency programme consists of five years:

Each year is followed by a comprehensive exam (written and clinical).

As a resident in Jordan University Hospital, my annual examination score was "A" all through the residency years.

The chief resident for the Orthopaedic department from July 2017 to June 2018.

July 2012 – July 2013 : Internship (Jordan University Hospital)

- Three months in General Medicine
- Three months in General Surgery
- Two months in Pediatrics
- Two months in Obstetrics and Gynecology
- Two months in Accidents and Emergency

Courses

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- Speaker and participant in 13th International Conference of the Jordan Orthopedic Association, in Amman, November 2022.
- Attended Advanced course in Foot and Ankle surgeries, in Bologna, April 2022.
- Attended Advanced Management Course for Knee Cartilage Injury, in Bologna, May 2021.

- Attended Advanced Management Course for Meniscal Injury, in Bologna , February 2021 .
- Attended the 12th Jordan orthopaedic association conference , in Amman, October 2019.
- ATLS course : Amman 2019, I was recommended to register in ATLS instructor course (To become ATLS instructor).
- Attended American academy annual meeting, in New orleans Louisiana March 2018.
- Attended the 20th Panarab orthopedic association conference , in Amman November 2017.
- Participate in 3rd Jordanian basic shoulder arthroscopy course, in Amman November 2017.
- Attended knee revision course, in Amman November 2017.
- Attended the 11th Jordan orthopaedic association conference, in Amman November 2017.
- Attended American academy annual meeting, in California March 2017.
- Attended American academy annual meeting, in Florida March 2016.
- Attended Orthopedic research society annual meeting : Orlando 2016
- Basic life support course : Amman 2015
- Speaker and participant in 10th Jordan orthopaedic association conference, in Amman October 2015.
- AO-Spine reseach meeting : Amman 2015
- Attended AO principles advanced course in Amman, march 2015.
- Attended AO principles basic course in Amman, march 2014.
- Training at medicine and surgery departments in ALHUSSEIN HOSPITAL for two months from the 1st of July till the 1st of September 2011.
- Speaker and participant in the 8th conference of Faculty of Medicine at Mutah university in Jordan, April 14-15 / 2011.
- Attended Fourth Conference of Internal Medicine & Subspecialties of the ministry of health in Al-Bashir Hospital in Jordan, 8-9 April 2010.
- Attended the 1st Military Course of Basic Principles of Fracture Management in King Hussein Medical Center in Jordan, 25-26 November 2010.

Teaching experience

- **During the residency programme:** responsible on teaching the fifth year medical students during their rotation in the orthopaedic department.
- **Chief resident:** responsible on teaching the other resident the surgical techniques intraoperatively.
- **Introductory course at the Faculty of Medicine in the University of Jordan:** instructor for the fourth-year medical students.
- Full time lecturer at Orthopedic department at Mutah University .
- Assistant Professor in Orthopedic Sports Medicine and Arthroscopy at Mutah university.

Research experience

- The prevalence of fibromyalgia in adults at Al-Karak Jordan: A cross-sectional study, January 2024, Annals of Medicine and Surgery.

- The Unseen Strain: Investigating the Awareness of Rhinoplasty Surgeons' Regarding Their Spine Health, January 2024, Aesthetic surgery journal / the American Society for Aesthetic Plastic surgery.
- Clinical Outcomes and Osteoarthritis at Very Long-term Follow-up After ACL Reconstruction: A Systematic Review and Meta-analysis, January 2022, The orthopaedic journal of sports medicine.
- Satisfactory clinical results and low failure rate of medial collagen meniscus implant (CMI) at a minimum 20 years of follow-up, April 2021, Knee Surgery Sports Traumatology Arthroscopy.
- Bifocal tibial Kaposiform Hemangioendothelioma responsive to vincristine therapy: A Case Report, December 2019, American Journal of Case Reports.
- Retrospective study about 5 year survival for hip fractures patients at JUH.
- Validation of the Arabic version of the Kujala patellofemoral pain scoring system published in journal of orthopedic science in October, 2018.
- New modifications on Arabic version of the Kujala patellofemoral pain scoring system.

- Screening and early diagnosis of osteoporosis through X-ray technique, retrospective study at JUH.
- Association between mobile phone use and neck pain in university students: A cross-sectional study using numeric rating scale for evaluation of neck pain published in PLOS ONE Journal on May 2019.
- Is there a relation between carpal tunnel release and trigger finger: A retrospective study in Jordan university hospital, this study presented in Egyptian society for surgery of the hand meeting, November 2019.

REFEREES :

1. Dr. Ziad Dahabreh

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3. Dr. Fadi Al-Hadidi

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3. Dr. Omar Samarah

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4. Dr. Shaher Taha El-Hadidi

FRCS; Professor of Orthopedics- Jordan University Hospital - Jordan

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5. Dr. Jihad Moh'd Said Al-Ajlouni

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